

Principle(s) of equivalence (PoE)

weak PoE: grav. mass = inertial mass (Galileo, Eötvös)

↳ universality of free fall

↳ laws of mechanics are the same in a local free falling lab and in the absence of gravity (parabola flight, ISS)

local ↔ homog. grav. field

Einstein's PoE: laws of mechanics → laws of physics &

↳ light rays are "falling" (are deflected)

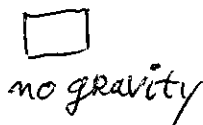
Eddington & Dyson (1919)

strong PoE: laws of physics include gravity itself
grav. energy contributes equally to inertial and grav. mass

consequences

[PoE: we know laws of edyn., hydrodyn, thermodyn, ... in presence of gravity]

the following situations are equivalent:



free fall

≙ force free motion

≙ inertial system

→ maximal proper time



gravitational field

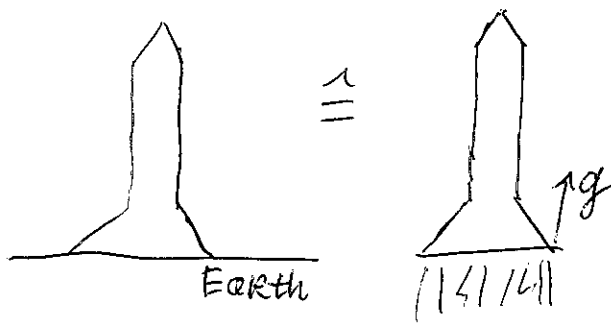
~ modified/deformed line element

$$d\tau^2 = -g_{\mu\nu} dx^\mu dx^\nu \quad \Delta \rightarrow d$$

~ modified/deformed metric $g_{\mu\nu}$

also equivalent:

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gravity experienced
on Earth

$\hat{=}$ fictitious force

"the ground is accelerating us upwards"

↳ reduction of proper time (see twin paradox)

↳ time delay in g-field also: twin par. with a black hole

↳ no acceleration!

thought experiment (maybe skip)

- mass falling in grav. potential

from r_0 to r

- convert mass into photon
and send it back up

- energy conservation:

$$\frac{E_r - E_{r_0}}{E_{r_0}} = \frac{\Delta E}{E_{r_0}}$$

$$E_r = h f$$

$$\frac{h(f - f_0)}{h f_0} = \frac{\Delta E}{m} = \phi(r_0) - \phi(r)$$

redshift in grav. field

time measurements based on frequencies

↳ time delay! ▽

$$\Delta E = m [\phi(r_0) - \phi(r)]$$

$$E_r = m + \Delta E$$

ent. mass energy = E_{r_0}
= energy arriving back at r_0 !
[if conserved]

Differential Geometry

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Physics

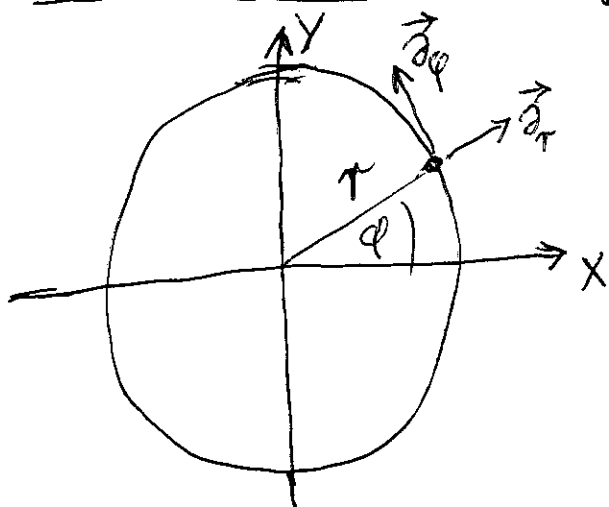
equivalence principle:
 special relativistic laws
 hold in local free-falling lab
 ↪ coordinate system

Math

principle of general covariance
 (coordinate invariance)
 write these laws of physics
 in coordinate-invariant form
 ↪ look at curvilinear coord.

COVARIANT DERIVATIVE

example: polar coord.



$$x = r \cos \varphi \quad \text{or} \quad \vec{e}_i = \begin{pmatrix} r \cos \varphi \\ r \sin \varphi \end{pmatrix}$$

$$y = r \sin \varphi$$

$$\vec{e}_r = \frac{\partial \vec{e}_i}{\partial r} = \begin{pmatrix} \cos \varphi \\ \sin \varphi \end{pmatrix}$$

(i.g. not normalized)

$$\vec{e}_\varphi = \frac{\partial \vec{e}_i}{\partial \varphi} = r \begin{pmatrix} -\sin \varphi \\ \cos \varphi \end{pmatrix}$$

line element $ds^2 = dx^2 + dy^2$

$$= dr^2 + r^2 d\varphi^2$$

general structure:

$$\vec{e}_\mu = \frac{\partial \vec{e}_i}{\partial x^\mu}$$

x^μ : curvilinear coord.

$$(x^1 = r, x^2 = \varphi)$$

\vec{e}_μ : curvilinear basis

$$d\vec{e}_i = \frac{\partial \vec{e}_i}{\partial x^\mu} dx^\mu = \vec{e}_\mu dx^\mu$$

$$\Delta ds^2 = d\vec{e}_i \cdot d\vec{e}_i = \underbrace{\vec{e}_\mu \cdot \vec{e}_\nu}_{g_{\mu\nu}} dx^\mu dx^\nu$$

$$g(\vec{e}_\mu, \vec{e}_\nu) = g_{\mu\nu}$$

spacetime: $dr^2 = -ds^2 = -g_{\mu\nu} dx^\mu dx^\nu$

derivative of a vector $\vec{A} = A^\mu \vec{\partial}_\mu$

$$\frac{\partial \vec{A}}{\partial x^\nu} = \frac{\partial A^\mu}{\partial x^\nu} \vec{\partial}_\mu + A^\mu \underbrace{\frac{\partial \vec{\partial}_\mu}{\partial x^\nu}}_{\Gamma_{\mu\nu}^\sigma \vec{\partial}_\sigma} = \underbrace{\left(\frac{\partial A^\mu}{\partial x^\nu} + \Gamma_{\rho\nu}^\mu A^\rho \right)}_{\nabla_\nu A^\mu \text{ Def. of covariant derivative}} \vec{\partial}_\mu$$

$\Gamma_{\mu\nu}^\sigma \vec{\partial}_\sigma$
decompose in basis

$\nabla_\nu A^\mu$ Def. of covariant derivative

formula: $\Gamma_{\rho\nu}^\mu = \frac{1}{2} g^{\mu\sigma} (\partial_\nu g_{\sigma\rho} + \partial_\rho g_{\sigma\nu} - \partial_\sigma g_{\rho\nu})$, $\partial_\nu \equiv \frac{\partial}{\partial x^\nu}$

$= \Gamma_{\nu\rho}^\mu$

Christoffel symbols, formula works in curved spacetime!

back to the example: polar coord. $\mu = r, \varphi$

$(g_{\mu\nu}) = \begin{pmatrix} 1 & 0 \\ 0 & r^2 \end{pmatrix}$, $(g^{\mu\nu}) = \begin{pmatrix} 1 & 0 \\ 0 & r^{-2} \end{pmatrix}$

only one nonvanishing derivative: $\partial_r g_{\varphi\varphi} = 2r$

$\Gamma_{r\varphi}^\varphi = \Gamma_{\varphi r}^\varphi = \frac{1}{2} r^{-2} \cdot 2r = \frac{1}{r}$

all other zero

$\Gamma_{\varphi\varphi}^r = -\frac{1}{2} \cdot 2r = -r$

compare $\frac{\partial \vec{\partial}_\varphi}{\partial \varphi} = -r \begin{pmatrix} \cos\varphi \\ \sin\varphi \end{pmatrix} = -r \vec{\partial}_r$

$\frac{\partial \vec{\partial}_\varphi}{\partial r} = \frac{1}{r} \vec{\partial}_\varphi$

$\frac{\partial \vec{\partial}_r}{\partial \varphi} = \frac{1}{r} \vec{\partial}_\varphi$

$\frac{\partial \vec{\partial}_\mu}{\partial x^\nu} = \Gamma_{\mu\nu}^\sigma \vec{\partial}_\sigma$

properties of ∇_μ : but: $\nabla_\mu \nabla_\nu \neq \nabla_\nu \nabla_\mu$ IMPRS L4P5

- like a derivative, e.g. → mandatory

$$\nabla_\mu (A^\nu + B^\nu) = \nabla_\mu A^\nu + \nabla_\mu B^\nu$$

$$\nabla_\mu (F_{\alpha\beta} U^\beta) = (\nabla_\mu F_{\alpha\beta}) U^\beta + F_{\alpha\beta} \nabla_\mu U^\beta$$

- $\nabla_\mu g_{\alpha\beta} = 0 = \nabla_\mu g^{\alpha\beta}$ metric compatibility } Relax: nonmetricity
 - $\Gamma^\mu_{\nu\rho} = \Gamma^\mu_{\rho\nu}$ symmetric } Relax: torsion
optional

several indices:

$$\nabla_\mu T^\alpha_\beta \equiv \partial_\mu T^\alpha_\beta + \Gamma^\alpha_{\rho\mu} T^\rho_\beta - \Gamma^\rho_{\beta\mu} T^\alpha_\rho$$

upper index: + Γ ...
 lower index: - Γ ...

[math: properties become axioms]

~~on a surface~~
 meaning of ∇_μ :

$B^\mu \nabla_\mu A^\nu$ is the (covariant) change of a vector \vec{A} along \vec{B}