

# EFT calculation of the gravitational binary effective action at 1PN

Jan Steinhoff

September 7, 2021

## 1 Literature

Effective Field Theory (EFT) program to classical gravitational dynamics and radiation was initiated in references [1, 2], for a review of the literature see references [3–5]. The first post-Newtonian (1PN) Lagrangian was first derived in reference [1] using the EFT approach, here we follow reference [6]. A Mathematica code was published in reference [7].

## 2 Feynman rules

### 2.1 Propagators

$$\text{————} = \langle \phi(\mathbf{x}_1, t_1) \phi(\mathbf{x}_2, t_2) \rangle, \quad (1)$$

$$= 4\pi\delta(t_1 - t_2) \int \frac{d^3\mathbf{k}}{(2\pi)^3} \frac{e^{i\mathbf{k}\cdot(\mathbf{x}_1 - \mathbf{x}_2)}}{\mathbf{k}^2}, \quad (2)$$

$$\text{-----} = \langle A_i(\mathbf{x}_1, t_1) A_j(\mathbf{x}_2, t_2) \rangle, \quad (3)$$

$$= -\pi c^2 \delta_{ij} \delta(t_1 - t_2) \int \frac{d^3\mathbf{k}}{(2\pi)^3} \frac{e^{i\mathbf{k}\cdot(\mathbf{x}_1 - \mathbf{x}_2)}}{\mathbf{k}^2}. \quad (4)$$

### 2.2 Field Vertices

$$\text{—}\bullet\text{—} = \frac{1}{4\pi c^2} \int d^4x (\partial_0\phi)^2, \quad (5)$$

This was visualized by a cross in the lectures, I have not yet figured out how to do this with latex.

## 2.3 Worldline vertices

The worldline couplings are to 1PN order

$$\bullet\text{---} = -m_1 \int dt_1 \phi(\mathbf{x}_1(t_1), t_1) \left[ 1 + \frac{3}{2c^2} \mathbf{v}_1^2(t_1) \right], \quad (6)$$

$$\bullet\text{--} = \frac{4m_1}{c^2} \int dt_1 A_i(\mathbf{x}_1(t_1), t_1) v_1^i(t_1), \quad (7)$$

$$\bullet\text{---} = -\frac{m_1}{c^2} \int dt_1 [\phi(\mathbf{x}_1(t_1), t_1)]^2, \quad (8)$$

where  $\mathbf{v}_1 = \dot{\mathbf{x}}_1 = d\mathbf{x}_1/dt$ . The worldlines are represented by thick lines, but note that there are no propagators associated to them. The field-independent parts of the action

$$m_1 \int dt \left[ -c^2 + \frac{1}{2} \mathbf{v}_1^2 + \frac{1}{8c^2} \mathbf{v}_1^4 \right], \quad (9)$$

can just be taken over to  $S_{\text{eff}}$  unchanged, one copy for each body. **Note that there was a typo in the lectures in the last term here.**

## 3 Integrals

A useful integral is

$$\int \frac{d^d \mathbf{k}}{(2\pi)^d} \frac{e^{i\mathbf{k}\cdot\mathbf{x}}}{(\mathbf{k}^2)^\alpha} = \frac{1}{(4\pi)^{d/2}} \frac{\Gamma(d/2 - \alpha)}{\Gamma(\alpha)} \left( \frac{\mathbf{x}^2}{4} \right)^{\alpha-d/2}. \quad (10)$$

Show this using Schwinger parametrization. The special cases  $d = 3$ ,  $\alpha = 1, 2$  read

$$\int \frac{d^3 \mathbf{k}}{(2\pi)^3} \frac{e^{i\mathbf{k}\cdot\mathbf{x}}}{\mathbf{k}^2} = \frac{1}{4\pi|\mathbf{x}|} \quad (11)$$

$$\int \frac{d^3 \mathbf{k}}{(2\pi)^3} \frac{e^{i\mathbf{k}\cdot\mathbf{x}}}{\mathbf{k}^4} = -\frac{|\mathbf{x}|}{8\pi}. \quad (12)$$

## 4 1PN diagrams

The Feynman diagrams can be translated into integrals by “pasting” in the right-hand sides of the Feynman rules; fields are contracted using  $\langle \dots \rangle$  according to the propagator lines.

Compute the diagrams/integrals below!

$$\bullet\text{---}\bullet = \int dt_1 m_1 \left[ 1 + \frac{3}{2c^2} \mathbf{v}_1^2(t_1) \right] \int dt_2 m_2 \left[ 1 + \frac{3}{2c^2} \mathbf{v}_2^2(t_2) \right] \langle \phi(\mathbf{x}_1(t_1), t_1) \phi(\mathbf{x}_2(t_2), t_2) \rangle. \quad (13)$$

$$\begin{array}{c} | \\ \bullet \text{---} \bullet \\ | \end{array} = \int dt_1 \frac{4m_1}{c^2} v_1^i(t_1) \int dt_2 \frac{4m_2}{c^2} v_2^j(t_2) \langle A_i(\mathbf{x}_1(t_1), t_1) A_j(\mathbf{x}_2(t_2), t_2) \rangle. \quad (14)$$

$$\begin{array}{c} | \\ \bullet \bullet \bullet \\ | \end{array} = \int dt_1 dt_2 d^3\mathbf{x} dt \frac{m_1 m_2}{4\pi c^2} \partial_t \langle \phi(\mathbf{x}_1(t_1), t_1) \phi(\mathbf{x}, t) \rangle \partial_t \langle \phi(\mathbf{x}_2(t_2), t_2) \phi(\mathbf{x}, t) \rangle. \quad (15)$$

$$\begin{array}{c} | \\ \bullet \\ \diagup \quad \diagdown \\ \bullet \quad \bullet \\ | \end{array} = -\frac{1}{2} \int dt_1 dt_2 dt_3 \frac{m_1 m_2^2}{c^2} \langle \phi(\mathbf{x}_1(t_1), t_1) \phi(\mathbf{x}_2(t_2), t_2) \rangle \langle \phi(\mathbf{x}_1(t_1), t_1) \phi(\mathbf{x}_2(t_3), t_3) \rangle. \quad (16)$$

$$\begin{array}{c} \bullet \\ \diagdown \quad \diagup \\ \bullet \quad \bullet \\ | \end{array} = \text{similar}. \quad (17)$$

## 5 Solution

$$\begin{aligned} \begin{array}{c} | \\ \bullet \text{---} \bullet \\ | \end{array} &= \int dt_1 m_1 \left[ 1 + \frac{3}{2} \mathbf{v}_1^2(t_1) \right] \int dt_2 m_2 \left[ 1 + \frac{3}{2} \mathbf{v}_2^2(t_2) \right] \langle \phi(\mathbf{x}_1(t_1), t_1) \phi(\mathbf{x}_2(t_2), t_2) \rangle, \\ &\approx m_1 m_2 4\pi \int dt_1 dt_2 \frac{d^3\mathbf{k}}{(2\pi)^3} \left[ 1 + \frac{3}{2} \mathbf{v}_1^2(t_1) + \frac{3}{2} \mathbf{v}_2^2(t_2) \right] \frac{e^{i\mathbf{k} \cdot [\mathbf{x}_1(t_1) - \mathbf{x}_2(t_2)]}}{\mathbf{k}^2} \delta(t_1 - t_2), \\ &= \int dt \frac{m_1 m_2}{r(t)} \left[ 1 + \frac{3}{2} \mathbf{v}_1^2(t) + \frac{3}{2} \mathbf{v}_2^2(t) \right], \end{aligned} \quad (18)$$

where  $r = |\mathbf{x}_1 - \mathbf{x}_2|$ . We have dropped terms higher than quadratic in the velocities, since these would be 2PN. Notice that the result is the Newtonian gravitational potential, with some velocity corrections at 1PN.

$$\begin{array}{c} | \\ \bullet \text{---} \bullet \\ | \end{array} = \int dt_1 4m_1 v_1^i(t_1) \int dt_2 4m_1 v_2^i(t_2) \langle A_i(\mathbf{x}_1(t_1), t_1) A_j(\mathbf{x}_2(t_2), t_2) \rangle, \quad (19)$$

$$= - \int dt_1 dt_2 \frac{d^3\mathbf{k}}{(2\pi)^3} 16\pi m_1 m_2 v_1^i(t_1) v_2^j(t_2) \delta_{ij} \frac{e^{i\mathbf{k} \cdot [\mathbf{x}_1(t_1) - \mathbf{x}_2(t_2)]}}{\mathbf{k}^2}, \quad (20)$$

$$= - \int dt \frac{4m_1 m_2}{r} \mathbf{v}_1 \cdot \mathbf{v}_2, \quad (21)$$

where we have suppressed the time dependence in the final result.

$$\begin{array}{c} | \\ \bullet \\ | \end{array} \begin{array}{c} | \\ \bullet \\ | \end{array} = \int dt_1 dt_2 d^3 \mathbf{x} dt \frac{m_1 m_2}{4\pi} \langle \phi(\mathbf{x}_1(t_1), t_1) \partial_t \phi(\mathbf{x}, t) \rangle \langle \phi(\mathbf{x}_2(t_2), t_2) \partial_t \phi(\mathbf{x}, t) \rangle, \quad (22)$$

$$= 4\pi \int dt_1 dt_2 dt \frac{d^3 \mathbf{k}_1}{(2\pi)^3} \frac{d^3 \mathbf{k}_2}{(2\pi)^3} d^3 \mathbf{x} m_1 m_2 \frac{e^{i\mathbf{k}_1 \cdot [\mathbf{x}_1(t_1) - \mathbf{x}]} e^{i\mathbf{k}_2 \cdot [\mathbf{x}_2(t_2) - \mathbf{x}]} }{\mathbf{k}_1^2 \mathbf{k}_2^2} \partial_t \delta(t_1 - t) \partial_t \delta(t_2 - t),$$

$$= 4\pi \int dt_1 dt_2 dt d^3 \mathbf{k}_1 \frac{d^3 \mathbf{k}_2}{(2\pi)^3} m_1 m_2 \frac{e^{i\mathbf{k}_1 \cdot \mathbf{x}_1(t_1)} e^{i\mathbf{k}_2 \cdot \mathbf{x}_2(t_2)} \delta(\mathbf{k}_1 + \mathbf{k}_2)}{\mathbf{k}_1^2 \mathbf{k}_2^2} \partial_{t_1} \delta(t_1 - t) \partial_{t_2} \delta(t_2 - t),$$

$$= 4\pi \int dt_1 dt_2 dt \frac{d^3 \mathbf{k}}{(2\pi)^3} m_1 m_2 \frac{e^{i\mathbf{k} \cdot [\mathbf{x}_1(t_1) - \mathbf{x}_2(t_2)]}}{\mathbf{k}^4} \partial_{t_1} \delta(t_1 - t) \partial_{t_2} \delta(t_2 - t), \quad (23)$$

$$= - \int dt_1 dt_2 dt \frac{m_1 m_2}{2} \delta(t_1 - t) \delta(t_2 - t) \partial_{t_1} \partial_{t_2} |\mathbf{x}_1(t_1) - \mathbf{x}_2(t_2)|, \quad (24)$$

$$= \int dt \frac{m_1 m_2}{2r} (\mathbf{v}_1 \cdot \mathbf{v}_2 - \mathbf{v}_1 \cdot \mathbf{n} \mathbf{v}_2 \cdot \mathbf{n}), \quad (25)$$

where  $\mathbf{n} = (\mathbf{x}_1 - \mathbf{x}_2)/r$ .

$$\begin{array}{c} | \\ \bullet \\ | \end{array} \begin{array}{c} | \\ \bullet \\ | \end{array} \begin{array}{c} | \\ \bullet \\ | \end{array} = -\frac{1}{2} \int dt_1 dt_2 dt_3 m_1 m_2^2 \langle \phi(\mathbf{x}_1(t_1), t_1) \phi(\mathbf{x}_2(t_2), t_2) \rangle \langle \phi(\mathbf{x}_1(t_1), t_1) \phi(\mathbf{x}_2(t_3), t_3) \rangle, \quad (26)$$

$$= -\frac{1}{2} \int dt_1 dt_2 dt_3 m_1 m_2^2 \frac{\delta(t_1 - t_2) \delta(t_1 - t_3)}{|\mathbf{x}_1(t_1) - \mathbf{x}_2(t_2)| |\mathbf{x}_1(t_1) - \mathbf{x}_2(t_3)|}, \quad (27)$$

$$= - \int dt \frac{m_1^2 m_2}{2r^2}. \quad (28)$$

The last diagram follows from the previous by an exchange of body labels

$$\begin{array}{c} | \\ \bullet \\ | \end{array} \begin{array}{c} | \\ \bullet \\ | \end{array} = - \int dt \frac{m_1 m_2^2}{2r^2}. \quad (29)$$

## 6 Result

Summing all results, The action at 1PN finally reads

$$\begin{aligned} S_{\text{eff}}^{\circ} = \int dt \left[ -m_1 - m_2 + \frac{m_1}{2} \mathbf{v}_1^2 + \frac{m_2}{2} \mathbf{v}_2^2 + \frac{1}{8} m_1 \mathbf{v}_1^4 + \frac{1}{8} m_2 \mathbf{v}_2^4 \right. \\ \left. + \frac{m_1 m_2}{r} \left( 1 + \frac{3}{2} \mathbf{v}_1^2 + \frac{3}{2} \mathbf{v}_2^2 - \frac{7}{2} \mathbf{v}_1 \cdot \mathbf{v}_2 - \frac{1}{2} \mathbf{v}_1 \cdot \mathbf{n} \mathbf{v}_2 \cdot \mathbf{n} \right) - \frac{m_1 m_2 (m_1 + m_2)}{2r^2} \right], \quad (30) \end{aligned}$$

where  $\mathbf{n} = (\mathbf{x}_1 - \mathbf{x}_2)/r$ .

## References

- [1] W. D. Goldberger and I. Z. Rothstein, “An Effective field theory of gravity for extended objects,” *Phys. Rev.* **D73** (2006) 104029, [arXiv:hep-th/0409156 \[hep-th\]](#).
- [2] W. D. Goldberger, “Effective field theories and gravitational radiation,” in *Les Houches Summer School - Session 86: Particle Physics and Cosmology: The Fabric of Spacetime*, pp. 351–353, 355–396. 2007. [arXiv:hep-ph/0701129 \[hep-ph\]](#). <http://www.sciencedirect.com/science/bookseries/09248099/86>.
- [3] S. Foffa and R. Sturani, “Effective field theory methods to model compact binaries,” *Class. Quant. Grav.* **31** no. 4, (2014) 043001, [arXiv:1309.3474 \[gr-qc\]](#).
- [4] R. A. Porto, “The effective field theorist’s approach to gravitational dynamics,” *Phys. Rept.* **633** (2016) 1–104, [arXiv:1601.04914 \[hep-th\]](#).
- [5] M. Levi, “Effective Field Theories of Post-Newtonian Gravity: A comprehensive review,” [arXiv:1807.01699 \[hep-th\]](#).
- [6] B. Kol and M. Smolkin, “Non-Relativistic Gravitation: From Newton to Einstein and Back,” *Class. Quant. Grav.* **25** (2008) 145011, [arXiv:0712.4116 \[hep-th\]](#).
- [7] M. Levi and J. Steinhoff, “EFTofPNG: A package for high precision computation with the Effective Field Theory of Post-Newtonian Gravity,” *Class. Quant. Grav.* **34** no. 24, (2017) 244001, [arXiv:1705.06309 \[gr-qc\]](#).